



**From The Pastor's Heart**  
**The Stroudsburg**  
**Seventh-day Adventist Church**

**CHURCH AT WORSHIP** c2

**FEBRUARY 6, 2016**

**Second Service**

Dear Brothers and Sisters,

Is there someone whom you love sincerely who oftentimes rebuffs your overtures and terms of endearment? Could it be a husband, wife, a child, a coworker? How do you respond to such individuals and situations? Difficult people are special. They are always there for us when others aren't, but especially on our bad days. When all hope seems lost. They have an uncanny way of saying things that just dampens the day! They can always be counted on to bring out the worst in us, to be obtuse and disagreeable, to make easy things impossible, to put a negative spin on the things we do, to speak ill of us, or to ignite an inextinguishable fire in our bellies. You know, they do all the very same things Satan does. When you read the New Testament you will notice that Jesus was constantly surrounded by difficult people of every degree. People who didn't understand, who didn't like him, who were threatened by him, and who were even trying to kill him. Jesus never reacted violently to the difficult people in his life. Could you imagine what would have happened if he would have reacted violently? If he would have commanded his angels, or if he would have flexed the muscle of God, or he would have commanded the elements of nature, or unleashed the torrents of hell? Jesus has a lot to teach us about dealing with the difficult people in our lives. But we must consider his overall way of life and the sum total of all his teachings in order to develop an effective strategy for handling difficult people. To accomplish this I want to introduce you to a simple concept that captures the essence of Jesus' effective behavior when dealing with difficult people. Let me begin by saying that our behavior is critically important. Our behavior toward people really does influence their behavior toward us. More often than not, our behavior with difficult people determines whether that person will continue being a difficult person

Our ability to discipline our tongues and bodies, to take the high road, to convey warmth, to seek the ultimate good for another person, to build up and not destroy, and to forgive. Contrary to popular opinion, the ability to project grace takes tremendous inner character and strength. It is a quality that is truly of God. And it is in no way a sign of weakness. There is in the scripture a text that has been very instructive to me when I am faced with difficult individuals and it's found in 1Peter4:8 **"8 And above all things have fervent charity among yourselves: for charity shall cover the multitude of sins."**

What happens when we act like a jerk with difficult people? Projecting truth at the expense of grace? It provokes. It exacerbates the problem. It creates hostilities! What happens when we go postal with difficult people? Withdrawing truth and grace. Burying our hurts. Wishing evil on others. It backfires. It destroys us. What happens when we pal around with difficult people? Projecting grace at the expense of truth? It enables them. We get taken advantage of. What happens when we show Christ-like behavior with difficult people? Matthew18:15-17 "

**15** Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother.

**16** But if he will not hear thee, then take with thee one or two more, that in the mouth of two or three witnesses every word may be established .

**17** And if he shall neglect to hear them, tell it unto the church: but \* if he neglect to hear the church, let him be unto thee as an heathen man and a publican."

When you have followed the aforementioned passage of scripture and he or she continue to behave un-Christ like the best thing that you can do for that person is to display Christ like

Attitudes and behaviors you can never go wrong behaving like Christ.

Yours in faithful service F1 Pastor Livingstone Aaron

Introit.....“We Have Come Into This House”.....Praise Team  
 Call to Worship.....Elder Michael Douglas  
 Doxology.....“Praise God from Whom”.....Congregation  
 Invocation..... Elder Bernard Lewis  
 Welcome..... Sis Suzanne Craigwell  
 Announcements .....Church Clerk  
 Pastoral Announcements.....Pastor Livingstone Aaron  
 Hymn of Adoration.....# 596.....Praise Team  
 Scripture Reading..... Jeremiah 6: 16-18.....Sis. Simone Salaam  
 Intercessory Prayer.....Bro. Gailly Honore

“I Must Tell Jesus”

Special Music.....Elder Paul Richards  
 Children’s Story.....Sis. Herline Raphael  
 Offertory.....Bro. Derick Francis

“We Give Thee but Thine Own”

Praise and Worship.....Praise Team  
 Sermon.....”Ask For The Old Path”.....Elder Bernard Lewis  
 Hymn of Consecration.....#446.....Praise Team  
 Benediction..... Elder Michael Douglas

**PLEASE REMAIN SEATED UNTIL USHERED OUT**

## PASTORAL ANNOUNCEMENTS

The Stroudsburg Seventh-day Adventist church will conduct its first **Business meeting** for the year 2016 On Sabbath evening **February 13th at 6:30 pm.** The purpose of this business meeting is to receive the church financial report from 2015, and present the church Budget for 2016. To give the church an overview of the major programs and Projects for the New Year. All baptized members of this congregation are expected and welcome to attend and contribute to the discussions and planning that will take place.

The church is the authority, not individual members or others outside of the church. The Lord gave His CHURCH the authority to act on the commission, and nothing else.

Agenda:

- a) Call to order by the Chairman
- b) Devotion and prayer
- c) Reading of the minutes of the previous meeting by Clerk
- d) Giving of the Treasurer's Report by the Treasurer.
- e) Reading of any correspondence with the church by Clerk
- f) Reports and projections from the various Departments of the Church each department has 5minutes to give their report and after all the reports are given then we will entertain questions from the membership. Please write down your questions so that you don't forget.
- g) Old Business
- h) Church Budget for 2016
- i) Adjournment
- j) Closing prayer

## CHURCH AT WORSHIP <sup>c4</sup>

FEBRUARY 6, 2016

First Service

Introit.....Sweet, Sweet Spirit  
(Please Remain Standing)

Call to Worship..... Elder Michael Douglas  
(Congregation, Please Stand)

Invocation..... Elder Bernard Lewis

Welcome.....Elder Michael Douglas  
(Congregation, Please Sit)

### ADORATION & PRAISE

Hymn of Adoration.....#596  
(Please Remain Standing)

Intercessory Prayer..... Bro. Gailly Honore  
(Those Able, Please kneel)

### STEWARDSHIP & GRATITUDE

Offertory.....

### PROCLAMATION OF THE WORD

Scripture Reading..... Jeremiah 6: 16-18.....Sis. Simone Salaam

Sermon..... "Ask For The Old Path".....Elder Bernard Lewis

Hymn of Consecration.....#446

Benediction..... Elder Michael Douglas

# THE CHURCH AT STUDY

February 6, 2016

9:15 AM — 10:45 AM

## Theme – God’s Marvelous Grace

|   |                                  |
|---|----------------------------------|
| Welcome.....                                    | Sis. Josephine Aaron             |
| Opening Prayer.....                             | Sis. Audrey Sylvain              |
| Opening Song.....                               | Marvelous Grace ..... #109       |
| Scripture Reading .....                         | Ephesians 2: 4 - 8               |
| World Mission Emphasis.....                     | Sis. Cynthia Aaron               |
| Special Music.....                              | Bro. Wilbert Isaac               |
| <b>Lesson Study: First Quarter, 2016:</b> ..... | Lesson #6                        |
| Closing Song .....                              | Revive Us Again.....Congregation |
| Closing Remarks.....                            | Sis. Josephine Aaron             |

## HEALTH NUGGET

"A diet low in fiber and high in saturated fat and sugar is associated with lighter, less restorative sleep with more arousals, a new study has found. The researchers suggest that adjusting diet to include more fiber and less saturated fat and sugar may be useful in the management of sleep disorders. The study, [published in](#) the January issue of the *Journal of Clinical Sleep Medicine*, was led by Marie-Pierre St-Onge, PhD, Institute of Human Nutrition at Columbia University Medical Center, New York. 'Our message is that a diet high in fiber and low in saturated fat and sugar is associated with better sleep patterns. For a good night's sleep we recommend increasing fruits, vegetables, and whole grains and eating less processed foods. That is a healthy diet in many other ways too particularly in terms of cardiovascular risk, so this is another reason to eat the right things."

<http://www.medscape.com/viewarticle/857683?src=emailthis>

# PASTORAL ANNOUNCEMENTS

## How To Keep The Sabbath Holy

### Four principles about how to keep the Sabbath

**1. We keep the Sabbath by abstaining from work.** The seventh-day Sabbath was the day God rested from His labors. God is Spirit and cannot get tired or worn out. The reason He rested was to set an example for us. The Sabbath command in Exodus 20:10 specifically states: "The seventh day is the Sabbath of the LORD your God. In it you shall do no work."

The Sabbath is a day when we pause from our normal labors and activities and rest for 24 hours on the seventh day of the week (from sunset Friday to sunset Saturday as the Bible counts time). Abstaining from work every Sabbath has tremendous physical and spiritual blessings for God’s people.

**2. We keep the Sabbath by not employing others to work for us.** The Fourth Commandment has specific implications for those who employ others to work for them (e.g. business owners). Not only are Sabbath-keepers to abstain from work, but also those who are employed by them and under their direct control.

The Sabbath command states that no work is to be done by "you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor the stranger who is within your gates" (Exodus 20:10). Though this was written to an agrarian society that practiced a certain form of indentured servitude, the principle that applies today is that employers should not have their employees work. Businesses owned by Sabbath-keepers should be closed on the Sabbath day.

**3. We keep the Sabbath by attending Sabbath services.** God did not just create the Sabbath so that His people could stay home and rest throughout the entire day. In order to bring His people together for fellowship and collective instruction and worship, God designed the seventh day as a day of convocation.

Throughout His life on earth, Jesus Christ assembled with others on the Sabbath (Luke 4:16). God’s people are specifically warned to not neglect "the assembling of ourselves together" (Hebrews 10:25). In Leviticus 23, the Sabbath is referred to as one of God’s "holy convocations" (verse 2). A convocation is a public meeting where God’s people assemble together for the purpose of learning, worship and fellowship. Throughout His life on earth, Jesus Christ assembled with others on the Sabbath (Luke 4:16). God’s people are specifically warned to not neglect "the assembling of ourselves together" (Hebrews 10:25).

Every Sabbath, the members Seventh-day Adventist church, Worldwide holds Sabbath services in cities around the world where members regularly assemble to hear biblically based sermon messages, sing hymns of worship to God and fellowship with brethren of like mind.

**4. We keep the Sabbath by enjoying a spiritually fulfilling Sabbath.** On the Sabbath, we are to pause from our normal routines—our work, shopping, errands, activities, sports, television—and spend the day doing things that are spiritually focused. God created the Sabbath to be a spiritually refreshing and enjoyable experience for His people. Jesus Christ proclaimed that "the Sabbath was made for man" (Mark 2:27). Jesus, as "Lord of the Sabbath" (verse 28), reveals that the Sabbath was created for the benefit of human beings.

## ANNOUNCEMENTS

### Up-Coming Events

**Prayer Line:** Sunday Feb 7th @ 8PM. Phone number 712-432-0175 Access Code 853923#.

**Family Life: The PA Conference Marriage Retreat** will be held February 26-28, 2016. The theme this year is A Night at the Carnival. Registration is still open!!

**Adventist Youth Society (AY)** Today at 4:30 PM.

**Sabbath Prayer Session:** Immediately after Divine Service in the Kindergarten class room, all are welcome.

**Couples club meeting** continues on February 13, 2016 at the Community Center @ 6:30 PM.

**Men's Ministry Prayer Breakfast:** Bring the desires of your heart and your stomach, Sunday Feb 7, 2016; @ 9 AM, Location TBD.

All heads of departments are asked check their mailboxes weekly.

**The Stroudsburg Seventh day Adventist Church board** will convene on Sabbath evening at 6:30PM. The deadline for Budget submission has passed. All heads of departments are required to present their programs for the year at board meeting. Make sure that the plans are sent to the pastor, First elder and Church clerk before the meeting.

### Bible workers Certification Program –Time Change

Our Bible workers Certification training Program continues this afternoon from 3:30 to 4:30 pm. Please come prepared to have an exciting time discussing The principles of Personal evangelism. Are you satisfied with your knowledge of the Word of God and His truth for this time? Do you really desire to know more about the Bible, the Spirit of Prophecy, and the distinctive truths of the Seventh-day Adventist Church? So if you are a newly baptized church member or one who is thinking about surrendering your all to the Lord Jesus and be baptized one of these days, you are invited to attend. If you are a church member who is desirous of knowing more about the Word of God you may also attend. Bring some paper, a pen, and your Bible. Come

## Theme Song: Revive Us Again <sup>cs</sup>

We praise Thee, O God!  
For the Son of Thy love,  
For Jesus Who died,  
And is now gone above.

Refrain:

Hallelujah! Thine the glory.  
Hallelujah! Amen.  
Hallelujah! Thine the glory.  
Revive us again.

We praise Thee, O God!  
For Thy Spirit of light,  
Who hath shown us our Savior,  
And scattered our night.

All glory and praise  
To the Lamb that was slain,  
Who hath borne all our sins,  
And hath cleansed every stain.

All glory and praise  
To the God of all grace,  
Who hast brought us, and sought us,  
And guided our ways.

Revive us again;  
Fill each heart with Thy love;  
May each soul be rekindled  
With fire from above.

# CHURCH BUSINESS

## Choir Rehearsal Schedule

- *Sanctuary Choir – Sabbaths after AY*
- *Youth Choir (12 years and up) – Sabbaths at 2:30 PM*
- *Children’s Choir (2 years thru 11 years) - Sabbaths at 3PM*

Medical Personnel on Duty. . . . .Sr. Delia Palmer & Sr. Laverne Ventiere

This Bulletin is also available on-line @ <http://www.stroudsburgsda.org>

Like Us on Facebook @Stroudsburg Seventh-Day Adventist Church

Please send all Requests for Church Related Information to. . . . .  
[stroudschurchclerk@gmail.com](mailto:stroudschurchclerk@gmail.com)

### Help Wanted

- **The Sanctuary Choir** is looking for Sopranos, Altos, Tenors, Basses and Baritones. Please contact Michael Dumpereh or Karen Cato.
- **The Communication team** is looking for individuals to work on Church Social Media Strategy, Web Site design and the Official Church Photographer, contact Mark Morris

## SICK & SHUT-IN

Richard Adams 1361 Resica Falls Rd, East Stroudsburg 570-223-7727  
 Bro Drakes (Brookmont Health Care Center) Effort, PA 610-681-4070  
 Nemesia Rance 267 King St, Stroudsburg, 570-619-5338  
 Norma Leap 570-992-4970

## Financial Report as of 01/16/2016

|                   | This Month | For The Year |
|-------------------|------------|--------------|
| Amount needed**:  | \$10,500   | \$126,000    |
| Amount collected: | \$ 6,461   | \$ 6,461     |
| Amount under:     | \$ 4,039   | \$119,539    |

\*\* Based on last year’s budget, subject to change

### Sunsets

Today: 5:22 PM

Next Friday: 5:30 PM

# STEWARDSHIP MOMENTS

## EXCEL IN GIVING

We are to excel in giving. As it is written, Lk 6:38-GIVE, AND IT SHALL BE GIVEN UNTO YOU; GOOD MEASURE, PRESSED DOWN, AND SHAKEN TOGETHER, AND RUNNING OVER, SHALL MEN GIVE INTO YOUR BOSOM. FOR WITH THE SAME MEASURE THAT YE METE WITHAL IT SHALL BE MEASURED TO YOU AGAIN. Phil 4:16,17-FOR EVEN IN THESSALONICA YE SENT ONCE AND AGAIN UNTO MY NECESSITY. NOT BECAUSE I DESIRE A GIFT; BUT I DESIRE FRUIT THAT MAY ABOUT TO YOUR ACCOUNT. Giving results in fruit that may abound to your account. Do you want to lay up rewards in heaven?

In Lk 8:3 NIV-we read of women that were helping meet the needs of Jesus: THESE WOMAN WERE HELPING TO SUPPORT THEM (the Lord and His disciples) OUT OF THEIR OWN MEANS.

The Bible tells us, Deut 16:17-EVERY MAN SHALL GIVE AS HE IS ABLE, ACCORDING TO THE BLESSING OF THE LORD THY GOD WHICH HE HATH GIVEN THEE. In 2 Ki 12:4, we read, AND ALL THE MONEY THAT COMETH INTO ANY MAN’S HEART TO BRING INTO THE HOUSE OF THE LORD. The Lord will lay on your heart what to give. When it comes time to give an offering (not a tithe, as tithing is a command), ask God what He wants you to give. God should put an amount into your mind. Then, all of a sudden, some other amounts may also come into your mind—lower amounts. For instance, we may be visiting a church, and the Lord might say, give one hundred dollars to this church. Then, all of a sudden, a voice says, "No! only give ten dollars; you need the other \$90.00." In almost every case, the first figure—the highest one—is of the Lord. The confusion that sets in afterward, you can expect, is from the devil. So what do you do? Do you give grudgingly or cheerfully? Excel in the grace of giving!

Let’s look again at Mal 3:8-WILL A MAN ROB GOD? YET YE HAVE ROBBED ME. BUT YE SAY, WHEREIN HAVE WE ROBBED THEE? IN TITHES AND OFFERINGS. In Pv 21:26-HE COVETETH GREEDILY ALL THE DAY LONG (the opposite of giving is coveting greedily all the day long): BUT THE RIGHTEOUS GIVETH AND SPARETH NOT.

God desires us to give--cheerfully, willingly, gladly. None can keep His law without ministering to others. Happiness is the gift of God to him who, in the spirit of Christ, toils for the good of others. *Signs of the Times*, January 22, 1902

# WHO ARE SEVENTH-DAY ADVENTISTS?

## WHAT SEVENTH-DAY ADVENTISTS BELIEVE

We believe that Jesus Christ;

Is found throughout the entire Word of God. (John. 5:39; II Tim. 3:16, 17)

Is the divine Son of God and our personal Savior. (John. 1:1-3; Heb. 7:25)

Offers His righteousness to all who accept Him by faith. (Rom. 4:3-5)

Soon coming will be visible to all, and at that time He will raise the dead.  
(I Thess. 4:16, 17; I Cor.15:52)

Is the source of a new birth experience. (John. 3:3-5)

Is the Creator of the world, and established the 7th day Sabbath for His people to remember

His creative power. (Heb. 1:1, 2; Ex. 20:8-11)

Is our example that the Ten Commandment Law is a reflection of God's perfect character, and that it is our pattern for successful living. (John. 15:10, James. 2:8-12)

In the Old and New Testaments, outlined the free giving of tithes and offerings to support the work of the church. (Mal. 3:10; Matt. 23:23)

Through His baptism, gave an example of His death and resurrection, and new life through our baptism. (Mark. 1:9; Rom. 6:3-5)

Through the Holy Spirit, makes our body His temple. (I Cor. 3:16, 17)

Gives the gifts of the Spirit for the unity of the faith and the perfection of the saints.  
(Eph. 4:8-11; I Cor. 12)

Expects modesty and deportment in His children. (I Tim 2:9, 10)

Is now our heavenly Priest, and gives His last message for all mankind that,  
"the hour of God's judgment is come." (Rev. 14:6-12; Heb. 8:1-6)

| COME AND WORSHIP WITH US  | OUR PEOPLE   |
|---|--|
| <p><b>Prayer Meeting</b> - Wed. 7:00 pm<br/><b>First Service</b> - Sat. 8:30 am<br/><b>Sabbath School</b> - Sat. 9:45 am<br/><b>Second Service</b> - Sat. 11:00 am<br/><b>Adventist Youth Society</b><br/>Sat. 1 hour before sunset</p> | <p><b>Pastor:</b> Livingstone Aaron 570-355-5762<br/>416 Tranquility Ct.<br/>Long Pond, PA 18334<br/>Email: laaron@paconference.org<br/><b>Church Clerk:</b> Stacey Charles 570-534-5311<br/><b>Head Elder:</b> James Obegi 201-423-3227<br/><b>Community Services:</b> Jamala Asiyó -<br/>570-369-5213<br/><b>Pocono Adventist Christian School-</b><br/>570-421-5577</p> |